

USE OF THE TROLLEY BELT---SHOWN IN FIFTH SWIMMING LESSON FOR EVENING WORLD BY DR. J. M. VOORHEES.

Going Through All the Exercise in the Water While Supported in Such a Way that All Fear Is Dispelled.

In his fifth lesson in swimming for Evening World readers, Dr. J. M. Voorhees gives instruction in the use of an individual "trolley," or belt suspended from overhead, enabling the pupil to exercise and yet offering a certain amount of support. The stationary belt permits the pupil to go through the strokes in the water without allowing propulsion.

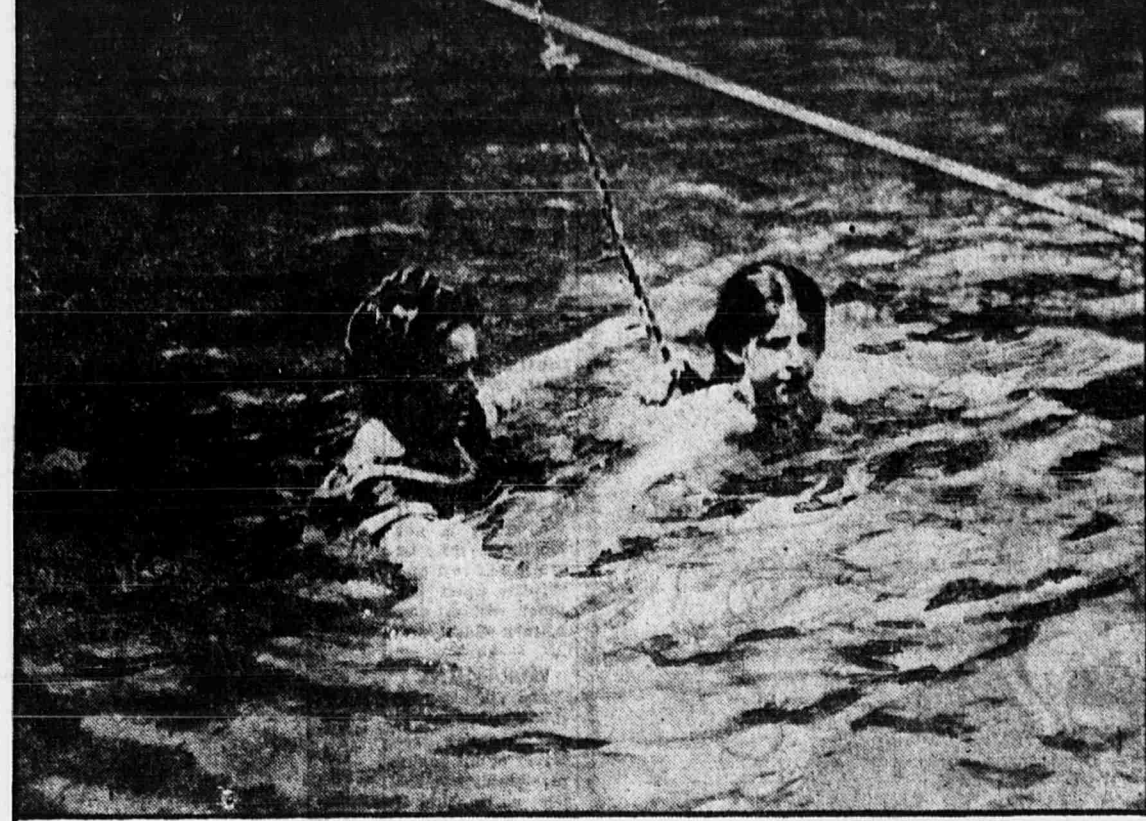
BY DR. J. M. VOORHEES.

LESSON V.

The combined leg and arm movement is developed by the use of the "trolley" to the point where it propels the body and supports it at the same time, without the use of undue energy or the jerky and more or less futile paddling of the beginner who makes his first trial alone.

The importance of this exercise lies in the fact that it is actual swimming, while at the same time it prevents the nervousness coming from a fear that the pupil may sink. The confidence thus given is the secret of the art. The pupil, unaided, takes long, easy strokes and breathes without excitement, and soon he finds he is supporting himself without apparent effort. He takes naturally the long, easy stroke which is the only one for good swimming.

The practice of the combined arm and



TEACHING A PUPIL TO SWIM BY USE OF THE TROLLEY.

leg movement on the "trolley" should be as follows: Stationary, the body to a horizontal position, with the arms and legs together and fully extended in a line with the body. The palms should be downward, the feet outward, the head inclined backward and the back slightly hollowed.

Swing the arms backward in a circle, putting the hands at an angle where and the greatest combined force of support and

propulsion will be secured. This will be done with a little experience. As the hands are brought back nearly at right angles to the body and are drawn again into the first position in front of the breast, the legs are drawn upward close to the body.

Then quickly shoot out the legs and arms at the same time. As the arms get to their fullest reach the legs are brought sharply together, an important part of the propelling movement.

During the practice in the "trolley" belt the pupil should resist the temptation to bridge the back, which must be kept hollowed.

The movements should be steady and regular and the head should not be tossed about. When the legs are extended the feet and toes should be kept turned back, as though standing on tiptoe, and care should be taken that the sweep of both legs is simultaneous and performed.

BABIES LANGUISH FROM THE HEAT.

The Evening World Doctors Kept Busy Among the Children of the Poor.

The present hot spell is harder upon the children of the poor than on any other class of people. Cooper up in stuffy tenements and in narrow, hot streets, they languish and sicken distressingly.

Among these little sufferers work the skilled physicians of The Evening World Sick Babies' Fund, bringing renewed health and happiness to thousands of darkened little lives.

Contributions to extend this grand life-saving work are invited. No sum is too small to be of use.

Among the babies' staunchest friends is Fred Erbe, who is to give them a mammoth benefit Friday night at his popular North Beach Casino. Prominent among the artists who have volunteered their services for this notable occasion are Harry Thomson, the "Mayor of the Bowery," one of the jolliest face makers on the vaudeville stage, and Charles B. Ward, the tenor, who will sing his newest, most successful composition, "Fare Thee Well, Mollie Darling."

Other well-known artists who have volunteered are Pearl West, the balladist; Mamie Howard, vocalist; the Todd family, acrobats; Arthur Jackson, vocalist; Baby Tuto, the child dancer; Emil Gross, monologist; C. Francis Danton, character artist; the Sullivan sisters, song and dance artists; Henrietta Heckman, the child wonder; Walter and Hazel, the child comedians; the Shilshu Quintette; the Columbia Mandolin Club; Master Thiers, comic singer; Baby Myrtle, character artist; Pontell & Emmett, in a character sketch; Howell and Calvert, song and dance artists; Klein and Hendon, song and dance artists; Barry and Connors, in an Irish act; Mabel Dillman, comic singer; and Valmore and Horton, eccentric whirlwind dancers.

Contributions to the Sick Babies' Fund should be addressed to the Cashier of The World, Pulitzer Building, New York City.

FRESH AIR EXCURSIONS? GUESS THEY'RE HOT AIR!—CHARLIE RENIE, NEWSBOY.

Young Newsboy Has Doubts About Such Things, but Would Like to Try One.

"Day says that there is Fresh Air Excursions into de country; but I guess dat's all hot air. Gee! but I'd like to go out into de country. Course I couldn't run around like the older fellers, dat is so fast, but I kin get around pretty fair anyway. If I could git out inter de country I'd just lie under a tree, where th' grass is long and pick blackberries and eat watermelon."—Charlie Renie, Lane Newsboy.

Little ten-year-old Charlie Renie has only one leg and the stump of the other one, but that does not prevent him from selling many evening papers every day, rain or shine, in his allotted hawkery on the big sidewalk between City Hall and the City Court.

Perhaps it is because the pined-up leg of his knickerbockers appeal to the passers-by; perhaps it is because his raucous voice and steady persistence; but at all events he rarely fails to dispose of his big armful of Evening Worlds and what other papers he may chance to have.

Charlie has been selling evening papers in City Hall Park for the last two years. When he first started the other boys used to bother him a great deal, but after he fell down the stairs at his home in the tenement at No. 33 Cherry street over a year ago, he was no longer so terribly bothered. It was necessary to have him amputated above the knee, the other leg, and a certain section of the sidewalk has been given over to him exclusively. If it was not for one big, fat boy, who endeavors on every opportunity to sell his papers ahead of Charlie, things would go very well with him indeed.

When Charlie posed for an Evening World photographer, an admiring crowd



CHARLIE RENIE.

of "newsies" thronged about him to catch the operation, and it was interesting to observe the expressions of mingled amusement, envy and good will manifested toward the smallest one of them all. For Charlie is very small and with his little crutch and the one skinny leg protruding from his trousers' leg, presents an appearance which brings many a laugh to his hearers.

The lad's parents are very poor, and live in two tiny and stuffy rooms in the back portion of the big tenement-house No. 33 Cherry street. His father works when he can with his pick and shovel, and his mother sells papers, too, near his own station in City Hall Park. To hear Charlie yell out his wares in the deep-voiced, stentorian tones that make one wonder how such a rag of a lad can produce such a volume of sound, is but another proof of what effect the combination of east-side and newsboy life produces on a little fellow of his age.

He has never seen a cow, or a barnyard, and never fished for perch along the banks of a running stream. Charlie enjoys the summer time in New York, because it doesn't hurt his stump; but when the cold weather comes, and he has to stand out in the snow and slush, his leg hurts a good deal, and since he can't run about much and stamp the other one it doesn't make selling papers the pleasant thing in the world to do. He hopes to save some money this summer and go on a trip to Glen Island before the school term commences in the fall.

WED TRAINED NURSE ON HIS DEATHBED.

Dr. Harry Rodman's Honey-moon Trip Made in Invalid Chair, with His Wife a Careful Attendant.

A strange honeymoon is that of Dr. Harry Rodman and his bride, who were Miss Edith Wyman, who are now at the home of Dr. Rodman's mother in the University Apartment at No. 106 West Forty-seventh street.

They were married Saturday at Richmond, Va., by Rev. Landon R. Mason. Dr. Rodman was in bed throughout the ceremony and had to be revived several times to make the responses. After the marriage he was carried from his sickbed to a train. This morning, propped up in an invalid chair, he was carried across the Pennsylvania Railroad station at Jersey City, with his wife sitting upon him tender but experienced care.

Mrs. Rodman has been for several years a member of the corps of trained nurses at the Presbyterian Hospital. Her husband had been a brother-in-law almost since their childhood, and when he felt that he was about to die he sent for her, and she consented to try to nurse him back to health.

Dr. Rodman belongs to a distinguished Virginia family. His father was the late Thomas H. Rodman, a noted Brooklyn lawyer. A brother, Carl S. Rodman, of the firm of Butler & Rodman, architects, of No. 16 East Twenty-third street, resides at the City Club.

Mr. Cary Rodman said to-day that the report that Miss Wyman and his brother had fallen in love while she was nursing him through a spell of scarlet fever was incorrect. They had been sweethearts, but were separated when his brother went to South Africa on the American hospital ship Maine.

A story that while on the ship Dr. Rodman became engaged to Miss Edith Wyman, daughter of the late Sir George Wyndham, and private secretary to Lady Randolph Churchill, was also denied by the doctor's brother.

FINED FOR JUMPING ON CARS

Eighteen Boys Who Stole Rides Are Punished.

Eighteen boys, ranging in age from eight to fifteen, were arraigned in Tombs Court to-day for stealing rides on the surface cars. Thirteen of them were arrested for riding on Broadway and five on the Bowery.

Inspector Orsini, of the Metropolitan Street Railway Company, is conducting the crusade and prosecuting the offenders.

Magistrate Cornell fined each boy \$2 and told the Inspector that he hoped he would be successful in his work.

HAVE YOU GOT THAT HAT? \$100 IN FIVE STRAWS.

The Great Straw Hat Hunt Which Is Open to Everybody in Greater New York.

MY STRAW HAT

Is of _____ Straw—No. _____
Was purchased at _____
on or about (date) _____
and bears this mark: _____

Name, _____

Address, _____

Fill out blank spaces and mail to "Straw Hat Hunt, Evening World, P. O. Box 1354, N. Y. City."

Have you joined in The Evening World's Great Straw Hat Hunt? Well, it's "on," and there are five prizes for the successful hunters.

The Evening World, some time ago, sent a man to five hat stores—one in Harlem, one in Brooklyn, one downtown, one on the east side and one on west side.

While the salesman's attention was attracted elsewhere The Evening World man put a secret mark in one straw hat in each of these five stores.

What was the shape, size, nature of this secret mark? The Evening World doesn't know. No one knows except the man who made the marks. He made out a report of his five visits, and scribbled the quintet of hats and the marks made in them, and has placed this sealed report in the safe of The World's cashier.

One of the marked hats, meantime, may be on your head while you are reading this. If so, The Evening World will give you \$20.

Look inside your hat. Examine carefully every detail of it. If you see any mark that you think may be the one, send post card to The Evening World describing your hat, its number,

where you bought it and what sort of a mark is therein. Or else fill out the accompanying coupon and mail it. In either case send information to "Straw Hat Hunt, Evening World, Post-Office Box 1354, New York City."

A mistake was made yesterday in suggesting that the Straw Hat Hunt coupon could be pasted on the back of a postal card. It cannot. The Post-Office regulations do not permit the pasting of anything on postal cards.

Remember that only straw hats are marked, not derbies, high hats, caps or French hats. Nothing but straws. One mark may be in a 30-cent straw hat that you bought on your way to work because your own blew into the river. Another mark may be in a \$25 Panama that was made under water and thus deserves a water-mark.

Don't confuse The Evening World's asterisk mark with the fishers' mark, which may consist of a number or a name or an initial written large with a crayon or soft pencil. The Evening World's marks are different and not so easy to find.

If you are a girl look in your sweetie's hat. If an man, look in some other man's hat. Let us see. The prizes go to the finders of the marks, not necessarily to the owners of the hats thus marked. The finder, however, must fulfill all the conditions to win a prize.

The hunt is on. Join it.

A JUDGE'S WIFE CURED OF PELVIC CATARRH.



MRS. JUDGE McALLISTER.

We would caution all people against accepting substitutes for Peruna. Insist upon having Peruna. There is no other internal remedy for catarrh that will take the place of Peruna. Allow no one to persuade you to the contrary.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

She Suffered for Years and Felt Her Case Was Hopeless—Cured by Peruna.

Mrs. Judge McAllister writes from 1217 West 33rd St., Minneapolis, Minn., as follows: "I suffered for years with a pain in the small of my back and right side. It interfered often with my domestic and social duties and I never supposed that I would be cured, as the doctor's medicine did not seem to help me any."

"I took it faithfully for seven weeks, and am happy indeed to be able to say that I am entirely cured. Words fail to express my gratitude. Perfect health once more is the best thing I could wish for, and thanks to Peruna, I enjoy that now."—Minnie E. McAllister.

An Invisible Enemy to Health

Means bad air, and whether it comes from the low lands and marshes of the country, or the filthy sewers and drain pipes of the cities and towns, its effect upon the human system is the same.

These atmospheric poisons are breathed into the lungs and taken up by the blood, and the foundation of some long, debilitating illness is laid. Chills and fever, chronic dyspepsia, torpid and enlarged liver, kidney troubles, jaundice and biliousness are frequently due to this invisible foe, Malaria. Noxious gases and unhealthy matter collect in the system because the liver and kidneys fail to act, and are poured into the blood current until it becomes so polluted and sluggish that the poisons literally break through the skin, and carbuncles, boils, abscesses, ulcers and various eruptions of an indolent character appear, depleting the system, and threatening life itself.

The germs and poisons that so oppress and weaken the body and destroy the life-giving properties of the blood, rendering it thin and watery, must be overcome and carried out of the system before the patient can hope to get rid of Malaria and its effects.

S. S. S. does this and quickly produces an entire change in the blood, reaching every organ and stimulating them to vigorous, healthy action. S. S. S. possesses not only purifying but tonic properties, and the general health improves, and the appetite increases almost from the first dose. There is no Mercury, Potash, Arsenic or other mineral in S. S. S. It is strictly and entirely a vegetable remedy.

Write us about your case, and our physicians will gladly help you by their advice to regain your health. Book on blood and skin diseases sent free.

THE SWIFT SPECIFIC CO., Atlanta, Ga.

ANGLE-SEA.

This splendid property, situated in the centre of the village of East Rockaway, HAS JUST BEEN OPENED. LOTS, 25,000, \$100 AND UPWARD, ON EASY MONTHLY PAYMENTS.

This is the finest property that has ever been offered to the public; only two minutes from the depot and one minute from the water. This is one of the few properties that can be used upon completion of the road, and are suitable for churches, public hall, fire department, hotels and handsome residences. Agent on property will show you around. For further particulars and map, call or address J. N. WILLIAMSON, 220 Broadway, New York, or office on the property.

THE WORLD'S UPTOWN OFFICE

Between 37th and 38th Sts.

O'Neill's Clearance Sale of Laces and Lace Articles!

In order to dispose of all surplus stock previous to Inventory, which occurs very shortly, we will offer on Wednesday and Thursday a large assortment of Laces, Lace Frocks, Real Lace Collars, &c., at a marked reduction from regular prices. Note some of the values that will be offered:

Point de Paris, Normandie and German Valenciennes, Duchesse, Cluny, Carrickmacross, Bretagne, Florentine, Torchon and Mechlin Lace Edgings, Insertings and Gallions, in White, Cream, Linon and Arabian shades.

Heretofore 15c. to 40c. yard.

Reduced to clear at 5c., 10c. and 15c. yard.

Venetian Guipure, Point Angletterre, Limerick, Alencon, Margot, Irish Point, Raguse, Chantilly, Guipure, Spanish, Escorial and other styles, comprising Edgings, Insertings, Gallions and Serpentine, in Black, White, Ivory, Cream, Ecru, Butter and Arabian shades.

Heretofore 50c. to 95c. yard.

Reduced to clear at 20c. and 35c. yard.

300 Real (Handmade) Russian and Renaissance Lace Collars and Yokes.

New Shapes, Heretofore 3.25 to 8.00.

Reduced to 1.65 each.

85 Cream Venetian Guipure Lace Frocks.

Formerly 4.50 and 6.85.

Reduced to 1.48 and 1.85 each.

6th Avenue, 20th to 21st St.

NEW YORK CENTRAL

AND HUDSON RIVER R.R.

THE FOUR-TRACK TRUNK LINE.

VIA NIAGARA FALLS.

Trains arrive and depart from Grand Central Station, 42nd Street, New York, as follows:

Grand Central Station at 3.15, 5.30, 11.30 A. M.

1.50, 2.50, 3.20, 5.20, 11.20 P. M.

Will stop at 125th St. to receive passengers ten minutes after leaving Grand Central Station.

All suburban trains except the "20th Street" and the "Empire State Express," and Nos. 86 and 200 will stop at 125th St. ten minutes before arriving time at Grand Central Station.

12.10 A. M.—NIGHT EXPRESS. Due Buffalo 4.15. Niagara Falls 5.00 P. M.

3.15 P. M.—NIGHT EXPRESS. Due Buffalo 11.15 P. M. Chicago 7.10 A. M.

7.50 A. M.—ADIRONDACK, THOROUGHBRED, ALBANY AND NIAGARA FALLS EXPRESS.

7.54 A. M.—SYRACUSE LOCAL. Stops at all stations between Albany and Syracuse.

8.40 A. M.—EMPIRE STATE EXPRESS. Most famous train in the world. Due Buffalo 4.45. Niagara Falls 5.30 P. M.

8.45 A. M.—FAST MAIL. 24 hours to Chicago. Due Buffalo 7.10. Niagara Falls 8.07 P. M.

9.55 A. M.—HARTFORD AND MONTREAL. Due Buffalo 4.45. Niagara Falls 5.30 P. M.

10.30 A. M.—DAY EXPRESS. Males local. Due Buffalo 4.45. Niagara Falls 5.30 P. M.

11.30 A. M.—HUTLAND EXPRESS. Due Buffalo 4.45. Niagara Falls 5.30 P. M.

12.50 P. M.—NIGHT LIMITED. Due Buffalo 11 P. M. Niagara Falls 12.25 A. M.

1.00 P. M.—NIGHT EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

1.00 P. M.—NIGHT EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

2.45 P. M.—THE 30TH CENTURY LIMITED. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

3.30 P. M.—NIGHT EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

3.30 P. M.—NIGHT EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

3.35 P. M.—ALBANY AND TROY EXPRESS. Local stops.

4.00 P. M.—HUTLAND EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

5.30 P. M.—HUTLAND EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

6.00 P. M.—HUTLAND EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

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7.30 P. M.—HUTLAND EXPRESS. Due Buffalo 11.30 P. M. Niagara Falls 12.55 A. M.

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